

Spirit Horse Retreat Information:

Go to www.heartinyourhand.info for dates

What if I can't come on Fri.?

If you can't come on Fri. because you have to work, no worries, you can join us on Sat. and Sun. It might be nice if you had your book in advance so you could read and do the Fri. lessons before you come, but not absolutely required. If you want your book shipped to you in advance, I will charge you for shipping. However, we would prefer that you come all three days for your own benefit and the other participants.

Cost:

The instruction part of the retreat is a free will offering. Please give whatever you think it is worth to you and what God puts on your heart. There is a charge for those staying in the bunkhouse or boarding their horses here over night, so I can cover my upkeep overhead costs, taxes, insurance, etc. There is also a charge to lease a horse if you do not bring one. Or you can just come watch others with the horses and still be a part.

Bunkhouse prices if you choose to stay overnight.

1 Person \$50/night
2 People \$80/night
3 people \$90/night
4 people \$112/night
5 or more \$125/night
+ tax

Divide the price among however many people stay.

Horse Stalls \$10/night/horse (does not include hay, bring your own water and feed buckets)

Lease Horses \$25/half day \$50/full day; include tack

What if we have an overflow of people?

They can stay at **some of the other guest houses in the area:**

They are close by and are about the same price as our Bunkhouse.

We can go out to Calamus Outfitters if they have room on the dates of the retreats

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Calamus Outfitter Prices:

Lodging \$40/night/person + tax.

3 Hot Homemade Meals: \$25/day/person

Again you can do your own meals there as well, they have a kitchen.

Horse Pens \$10/night/horse (again no hay provided, bring own buckets)

Meals:

Food will not be provided. Bring a sack lunch or we can do a carry in too. The bunkhouse has cooking appliances, dishes, etc. Or you can drive into Burwell to eat (only 1 mile away).

What will we do?

This is NOT about horse riding lessons, it is about seeing analogies between the relationship and leadership we have with a horse and the relationship and leadership we have with God as our leader.

It will be spiritually uplifting, with singing, prayer, Bible study, and interacting with horses on the ground, and while in the saddle.

Sun. morning we will go to the Methodist Church service, or if you want to attend another church in the area or just want some quiet time by yourself that would be fine. Then you can join us again at 1:00 pm.

Do I have to bring a horse or know how to ride? NO

You don't have to bring a horse if you don't want to, I have plenty of horses to share with you. But if you want to bring your own horse by all means do so. Even if you don't own a horse or ride you are welcome to come.

What if the weather gets bad? If the weather turns bad we may have cowgirl up or we can go out to Calamus Outfitters to use the indoor or go to Ord, at least for the horse portion and there is a charge for using the indoor arenas.

Will we be trail riding? It is NOT on the 9:00-5:00 schedule but you are free to go if you so choose, or the whole group may participate. I have left some time on Sat. evening for this.

Will we be doing a bible study with a guide? Yes

I have used various bible study Guides. One was called Giant Slayers by Patti May. It was a study about David and Goliath. Did you know that Goliath also had 4 relatives who were also giants. Each of their names has a meaning.

The giants we will be slaying in our lives are:

Mockery, Pride, Hypocrisy, Lust, and Greed

I have also used Beth Moore short bible studies. One was called "The Promise of Security".

The Bible study material can be from \$5.00 - \$12.00

Schedule

for the Retreat, which of course will remain flexible:

Fri.

1:00-2:00 Check in

2:00-3:00 Introductions

3:00-5:00 Horse Session

5:00-7:00 Bible Study

7:00 Supper the Free time/Fellowship

Sat.

9:00-10:00 Prayer, Worship & Praise Singing
10:00-11:00 Bible Study
11:00-12:00 Horse Session
12:00-1:00 Lunch Break
1:00-3:00 Horse Session
3:00-4:00 Break and Reflection time
4:00-5:00 Bible Study
5:00-5:30 Free Time
5:30-6:00 Eat together
6:00-7:30 Trail Ride
8:00-? Fellowship

Sun.

9:00-10:30 Bible Study
11:00-12:00 Go to church if you want to
12:00-1:00 Lunch
1:00-3:00 Horse Session
3:00-4:00 Final Reflections, Prayer, Worship & Praise Singing
4:00-5:00 Fellowship/clean out rooms to go home.

Contact me with further questions or to reserve your spot.

Sherry Jarvis 308-346-5663 sherry@heartinyourhand.com
82507 465th Ave. Burwell, NE 68823

About Heart in Your Hand Horsemanship LLC with Sherry Jarvis

Near Burwell, NE

Sherry grew up near where she now lives. After being gone for nearly 25 years she moved back home in 2003. She has been giving lessons and clinics at her place, but the camps have all been held at Calamus Outfitters her cousin Sue's ranch. However, in 2010 Sherry added a bunkhouse to her property to accommodate the many people who bring horses to her place for her to train or who come for lessons. So the smaller camps will sometimes be held at the new bunkhouse facility. Someday we hope to add an indoor arena as well.

There is a school section to trail ride on, and if you ride down a dirt road for a couple of miles we have access to 1000's of acres of government wildlife management areas where we can ride to our hearts content. Plus we can ride the beaches of the beautiful Calamus Reservoir only 5 miles away.

- *Our Bunkhouse sleeps 4 people comfortably, and more if needed*
- *It is cute, roomy and yet cozy*
- *Kitchen included,*
- *A/C, wireless internet, no TV*
- *Two bedrooms and One bathroom*

- *One bedroom has a queen and single bed, the other has a double bed*
- *There is a futon in the great room for another camper*
- *Large great room*
- *Nice outdoor Pens or indoor Stalls for your horse*
- *Parking for your horse trailer*
- *Beautiful view of Loup River and Valley*
- *Close to town, only a mile away for shopping & restaurants*
- *Sand hills hospitality with catered cold breakfast and lunches*
- *No pets please. Dogs are not allowed*
- *No Smoking in the Bunkhouse*

Directions: Go west on HWY 96 out of Burwell a little over a mile and there I am on the north side of the road. Sound easy. It is! Here are some land marks for you. There is a gas station called Dads on the very Northwest side of town on HWY 96, stay on the black top, go about a mile (HWY 96) you will come to the Loup River Bridge, the road will take a fairly sharp left, then straighten out. As it straightens out you will nearly be to 465th Ave. Take a right or north. My place is right on the corner. Only place there actually. Horse Corrals out front, white barn, white house with red trim, several other out buildings. Heart in Your Hand Horsemanship Sign on the fence.



ABOUT CALAMUS OUTFITTERS RANCH

near Burwell, NE

The Switzer Ranch, home of Calamus Outfitters, is a fourth generation cattle operation located in the north central Nebraska Sand hills. Blessed with abundant native grasses and ample underground and surface water, the Switzer Ranch is truly located in "God's Cow Country."

Adam & Teresa, Bruce & Sue, Sarah and Mark, will show you a real working ranch, combined with Sand hills hospitality, a comfortable lodge and hearty, home cooked meals.

HC 79 Box 40

Burwell, NE 68823

www.calamusoutfitters.com

Phone: (308) 346-4697

e-mail at hbswitzer@nctc.net

- *Each lodge sleeps up to 20 people comfortably, kitchen included, A/C, Cable TV*
- *5 private bedrooms each with individual full baths*
- *Large great room, suitable for meetings, receptions, reunions*
- *Covered Deck*
- *Evening bon fires and Star gazing*
- *Pens or Stalls for your horse*
- *Parking for your horse trailer*
- *Beautiful view of Calamus Lake and Valley*
- *Whole lodge is handicapped accessible*
- *Small store is also available for snacks etc.*
- *Sand hills hospitality with hot meals each day*
- *No pets please. Dogs are not allowed*
- *No Smoking in the Lodge, Smoking is permitted on the deck.*

Direction to Calamus Outfitters Ranch

16 miles Northwest of Burwell, NE, on Highway 96

-or-

12 miles North of Taylor on Highway 183 then 4 miles East on Highway 96

Looking For A Place To Dine During Your Visit?

Burwell Area Restaurant Guide

Barb's Diner	717 G Street, Burwell	308.346.5020
Burwell Legion Club	657 G Street, Burwell	308.346.4600
Calamus Lodge	46358 828 th Road, Burwell	308.346.4331
The County Neighbor	82007 Fort Avenue, Burwell	308.346.5049
Elyria Canning Company	81791 North Highway, Elyria	308.728.5758
Homestead Knolls Sports Center	46219 State Highway 96, Burwell	308.346.5695
Longhorn Lanes	310 South Highway 11, Burwell	308.346.4483
Subway	Highway 91 & 11, Burwell	308.346.5699
Northside	223 Grand Avenue, Burwell	308.346.5474
Pizza Palace	204 Grand Avenue, Burwell	308.346.5200
Sandstone Grill	416 Grand Avenue, Burwell	308.346.4582
Stockman's Lounge	459 Grand Avenue, Burwell	308.346.5114

Grocery Stores / Deli

Burwell Shurfine Food Center	805 G Street	308.346.4705 Deli	308.346.4488
Mr. J's Affiliated Foods	440 Grand Avenue	308.346.4008	

Our Friendly Warning:

There is always some risk involved in horse training for both you and the horse. Horses can cause serious injury. Be sensible and don't attempt anything that is outside your comfort level.

Any information on this website or that we present through any of our programs are intended to illustrate how we apply our training techniques with success. However you are responsible for using this information wisely. If you don't feel comfortable with your abilities or an exercise, don't do it!

Seek advice or assistance from a professional before attempting things beyond your skill or confidence level. Stay on the "high side of trouble". Keep it natural and above all

KEEP IT SAFE! *Warmly, Sherry*

Under Nebraska Law, an equine professional is not liable for an injury to or the death of a participant in equine activities resulting from the inherent risks of equine activities, pursuant to this act.

WHAT YOU WILL NEED TO KNOW AND BRING!

This list is for our regular camps, but I thought it might be helpful for those bringing their own horses. Don't panic, if you don't have a horse or are not bringing one. You would not have to bring all of this, but some of the items will be helpful whether you bring a horse or not.

1. An open mind & learning attitude.
2. Listening ears, observing eyes, open heart.
3. Plenty of energy.
4. Plastic Water bottle.
5. Your horse, (**This must NOT be a colt or very green horse, unless you are enrolled in the young horse class.** Camps are *not a colt starting class we have separate classes for this.* A person must be able to at least walk and trot on this horse even if you are afraid to do so, someone must be able to do this.
6. **Absolutely No stallions please**) *You can lease a horse for \$25/day including tack..*
6. * Rope tied halters with 12-foot lead, preferable a 22 foot also, if you have one.
7. Natural Hackamore, if you have one.
8. Bareback pad, if you have one.
9. *One or two Horseman Sticks with strings (4 feet long, no whips please)
10. *Saddle & Pad of your choice that fits you and your horse.
11. *Feed for you horse (grain in airtight containers, no paper bags, please)
12. *Hay should of course be a small bale for ease of feeding.
13. *A water bucket for your horse & bungees to tie it with.
14. Any supplements you currently feed your horse.
15. *Your own grooming equipment and supplies.
16. The stalls and pens are sandy no bedding is required.
17. Journal or Diary pens or pencils.
18. Hat, sunglasses, sunscreen, and chap stick for your protection.
19. Insect Repellant just in case.
20. Rain gear, just in case.
21. Both warm and cool clothing, you never know about weather in NE.
22. You favorite snacks, meals are provided and there is a small store on the ranch.
23. Personal toiletries, towels and bedding are provided.
24. *Comfortable boots for riding and maybe shoes also.
25. *Horses must be current on all vaccinations and healthy.
26. Have you horses feet trimmed in advance. (Shoes are not necessary)
27. *Registration must include insurance policy #'s and emergency contact info.
28. Must notify us of any medical conditions in writing. (Form will be provided)
29. *Liability waivers must be signed.
30. Cameras, favorite music CD, or musical instrument if you play (optional)
31. *Flashlight.
32. No dogs allowed.
33. Please notify us if you have any special food needs or allergies.
34. Laptops and cell phones are allowed in lodge. Please leave cell phones in lodge, truck or trailer. **Absolutely no riding your horse with your cell phone turned on, ever!**
35. No smoking in lodge, cabins, or bunkhouse must go outdoors.
36. There are vets nearby we can call in case of an emergency.
37. Arrive between 8:00-9:00 on the first day.
38. If you need to arrive the night before let us know so we can reserve rooms.
39. If you want to stay an extra day that may be arranged also. Just let us know.

* **Required items**

